

LUNCH MENU

WEEK ONE

31st August, 14th September, 28th September, 12th October

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



Monday

Tuesday

Wednesday

Thursday

Friday

Deli Ham Salad Sandwich

Wholemeal bread with sliced ham, tomato, lettuce & Cucumber.

Deli Cheese Salad Sandwich

Wholemeal bread with tasty cheese, tomato, lettuce & Cucumber

Homemade Flapjack

Oats and syrup baked in a chewy bar

Chicken & Tomato Pasta Pot

Diced chicken in homemade tomato & basil sauce

Tomato & Basil Pasta Pot

Fusilli pasta with herby tomato sauce and fresh basil

Chocolate Cookie

Reduced sugar chocolate chewy cookie

Just Chicken Tortilla Wrap

Chicken fillet sliced and wrapped in a corn tortilla wrap

Egg Tortilla Wrap

Sliced egg & shredded iceberg lettuce in a corn tortilla wrap

Strawberry Mousse

Creamy strawberry flavoured mousse

Tuna Crunch Pasta

Whole wheat pasta with crunchy peppers, spring onion, sweetcorn mixed with tuna & Mayo

Spring Crunch Pasta

Crunchy peppers, spring onions, sweetcorn mixed with pasta and mayo

Carrot & Pineapple Muffin

Spiced with cinnamon

Ham Salad Pitta

Chopped ham and mixed salad served in a pitta bread

Veggie Dipper Pitta

Vegetable Dippers with mixed salad served in a pitta bread with yoghurt & mint dressing

Jelly Pot

Fruit Jelly

Vegetable Crudités, Seasonal Fresh Fruit, Home Made Yoghurt & Bottled Water available daily

LUNCH MENU

WEEK TWO

7th September, 21st September, 5th October, 19th October

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



Monday

Tuesday

Wednesday

Thursday

Friday

Ham Salad Tortilla Wraps

Sliced ham with fresh salad served in a tortilla wrap

Cheese & Ham Pasta Pot

Chopped ham and grated mature cheddar mixed with fusilli pasta and mayonnaise

Tuna & Cucumber Sandwich

Wholemeal bread with Tuna mixed with mayo and sliced cucumber

Chicken Crunch pasta

Diced chicken, spring onions, peppers mixed with wholemeal pasta & mayo

Classic Savoury Cheese Wrap

Grated mature cheddar with spring onion mixed with mayo served in a tortilla wrap with iceberg lettuce

Cheese Salad Tortilla Wrap

Grated mature cheddar with fresh salad served in a tortilla wrap

Cheese pasta

Fusilli pasta mixed with fresh tomato sauce and mixed with mature grated cheese

Egg & Cucumber Sandwich

Wholemeal bread with chopped egg in mayonnaise and sliced cucumber

Spring Crunch Pasta

Chopped onion, pepper and cucumber mixed with wholemeal pasta in mayo

Classic Savoury Cheese Wrap

Grated mature cheddar with spring onion mixed with mayo served in a tortilla wrap with iceberg lettuce

Lemon cookie

Zesty lemon cookie

Banana Muffin

Spiced with mixed spice

Jelly Pot

Fruit Jelly

Chocolate Mousse

Chocolate flavoured mousse

Yoghurt Pot

Zingy fruit yoghurt

Vegetable Crudités, Seasonal Fresh Fruit, Home Made Yoghurt & Bottled Water available daily