

**Prior Learning:** In Year 5, children continued to build on their knowledge and skills of football. These included controlling the ball using either foot, passing over different distances, dribbling the ball, using the inside, outside (hooks) and drag back techniques to turn. They recapped body position to defend in a range of situations. They were introduced to shooting using the laces. They were encouraged to communicate tactically in defence/attack in a game situation

## Physical Me

<b>Kicking</b>	<b>Agility</b>
<b>Running</b>	<b>Balance</b>
<b>Speed</b>	<b>Co-ordination</b>
<b>Strength</b>	<b>Throw (in)</b>
<b>Reaction</b>	

## Key Skills

### Thinking Me

- Select and apply skills
- Evaluate performance

### Value Me:

- Compassion
- Courtesy

### Social Me

- Helping others
- Accepting and embracing the rules
- Leadership skills

## Football Rules:

### No of players in a team:

Maximum 7 on pitch at a time

### Size of ball:

Size 4 football

### Start of Game:

Teams will be told which way they are shooting at start of game

- Start in the centre of the pitch with a kick off

A goal cannot be scored directly from a start or restart of play.

### Out of play:

If the ball goes off the pitch (sideline) it is a throw in.

If the ball goes off at the goal line:

By attacking team - it is a goal kick  
By defending team - it is a corner

### Tackling:

No slide tackles



## Key Vocabulary

Tactics

Direction

Power

Laces

Angles

Accelerate

Turn

Feints

Speed

## Key Knowledge

- Turns** - Inside hook  
- Outside hook  
- Drag back

**Laces** - Is a technique to strike the ball for power and to keep it low (using your laces on you boot to strike through the ball)

**Feints**- Are to trick/deceive player - you can pretend to move one way, then go the other.

**Tactics** - Actions and strategies are planned to achieve an overall objective – in sport that objective is predominantly to win

