



PSHE YEAR 5

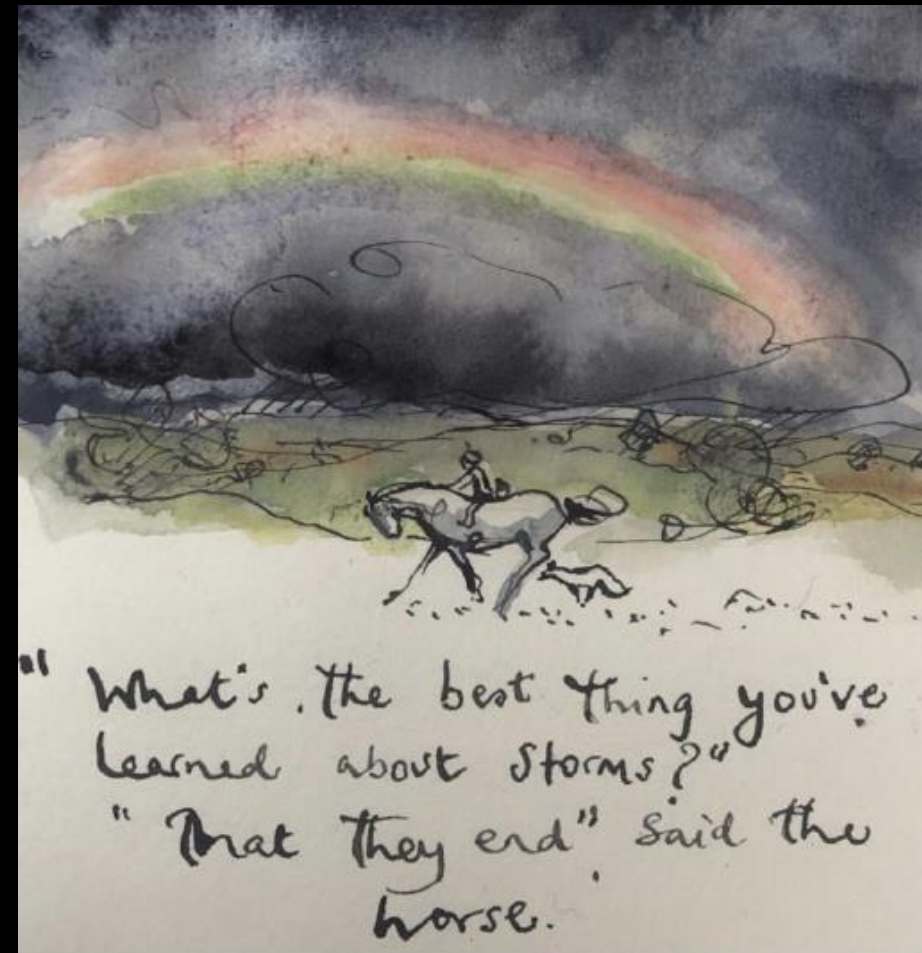
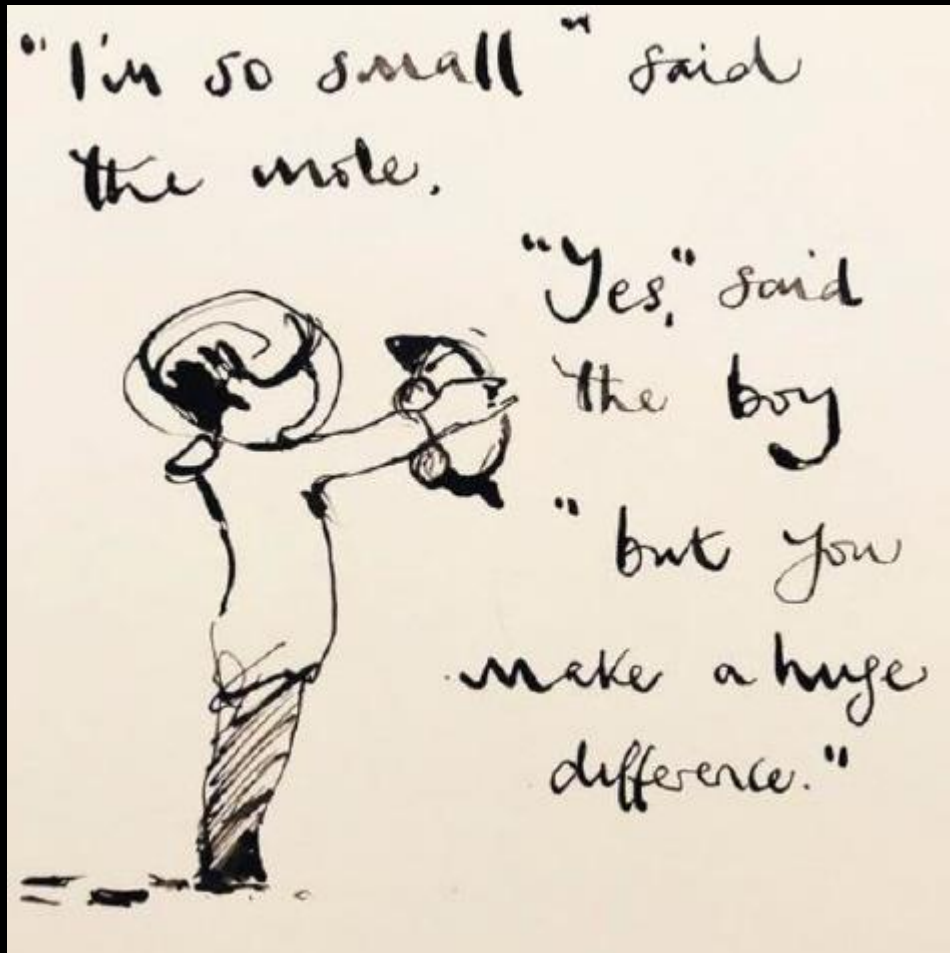
THURSDAY 18TH JUNE

LO: To care about people's feelings and to try and see things from their point of view

Have a look at these drawings by Charlie Macksey.

How do they make you feel?

Which ones do you connect with?



"What do you want to be
when you grow up?"



"Kind," said the boy

One day



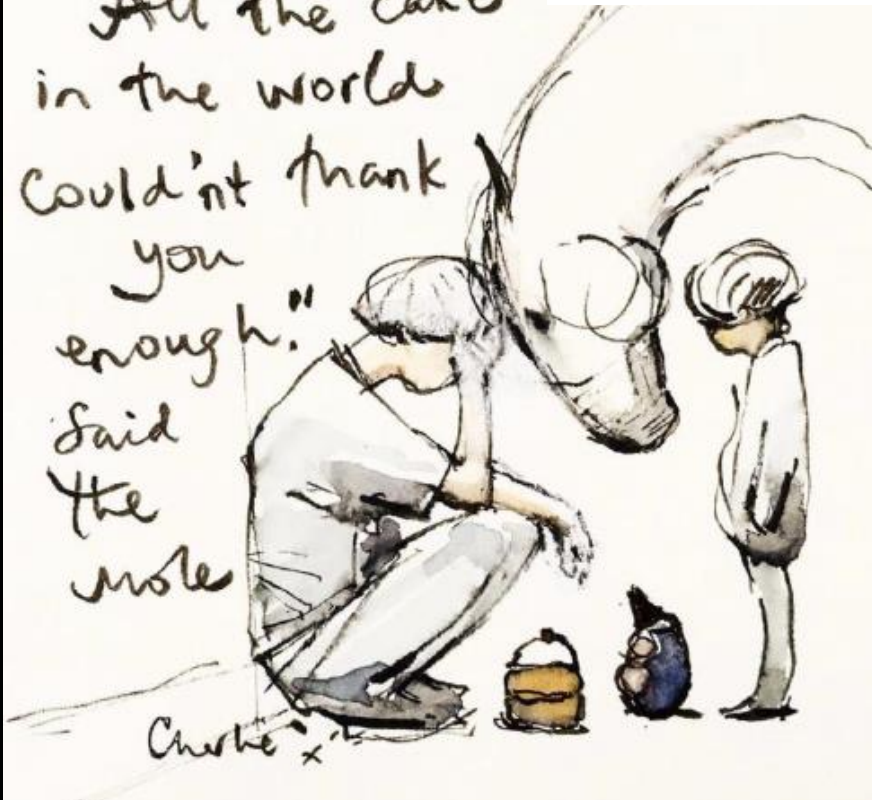
One day we will be able to hug each other again and pop round for a cup of tea. We will look back with grief and pain but also what brought us back together and reminded us what really matters. One day we will be free, but different, kinder and better.'

Charlie Macksey, March 27th 2020

'Thank you NHS and every front line worker.'

Charlie Macksey, March 2020

"All the cake in the world
couldn't thank
you
enough."
said
the
mole



Can you use powerful synonyms to describe how you feel with a particular picture?

Do you think people would recognise how you might show this feeling? How?

Our facial expressions and body language can depict exactly how someone might be feeling...

By trying to see things/feelings from another person's point of view helps us to understand them and to support them if needed...

Write down or draw as many feelings as you can think of in 30 seconds...

Ready, steady, GO!!



How many of these feelings did you think of?

Which feelings do you like having?

Which feelings do you not like having?

Can you think of a time when you have felt some of these feelings? What was happening at the time?

If we are down what things can we do to feel better?



Feelings

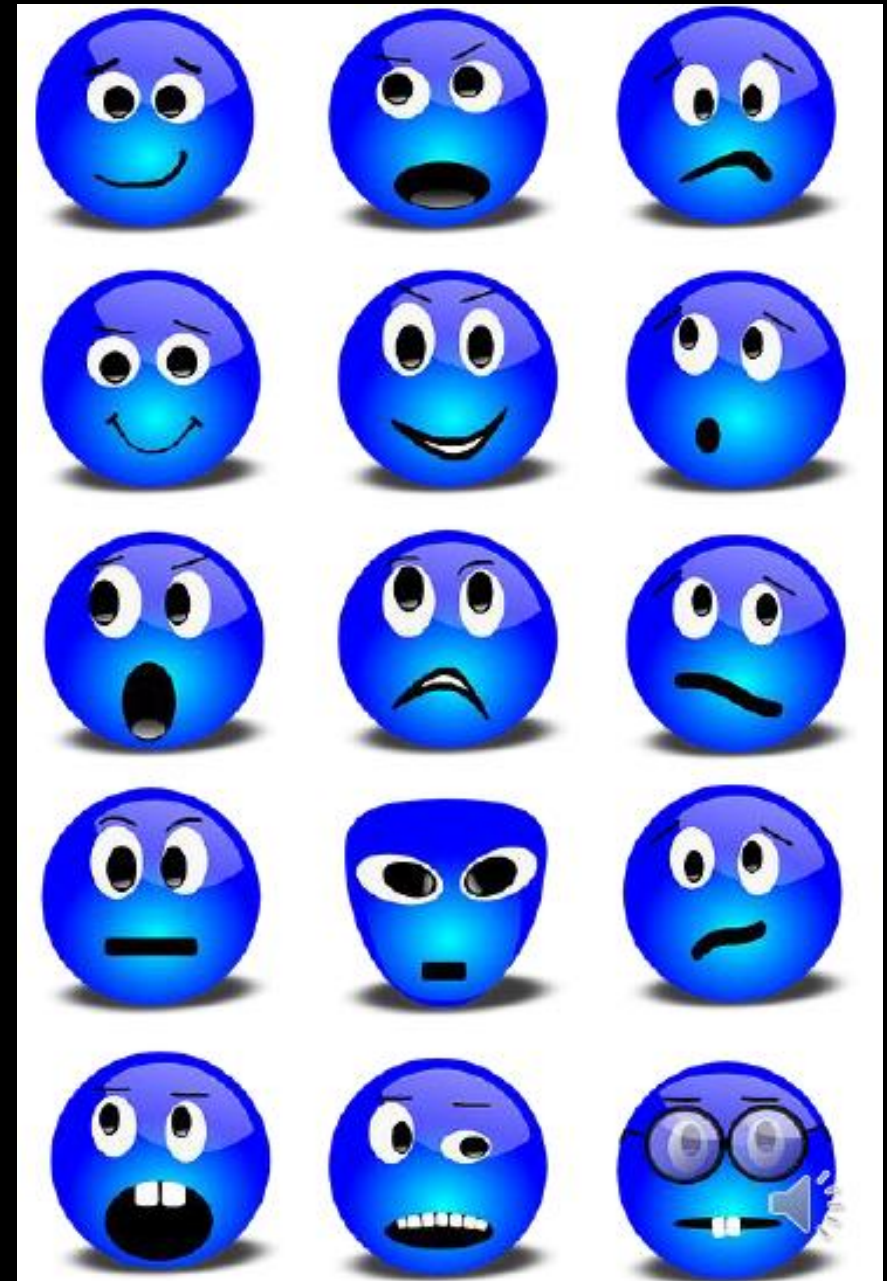
excited	proud	
afraid	frightened	sad
angry	grumpy	scared
annoyed	guilty	shy
anxious	happy	silly
bored	jealous	surprised
cheerful	joyful	tired
confused	lonely	worried
curious	loving	
embarrassed	nervous	



Feelings

Feelings can be confusing sometimes!

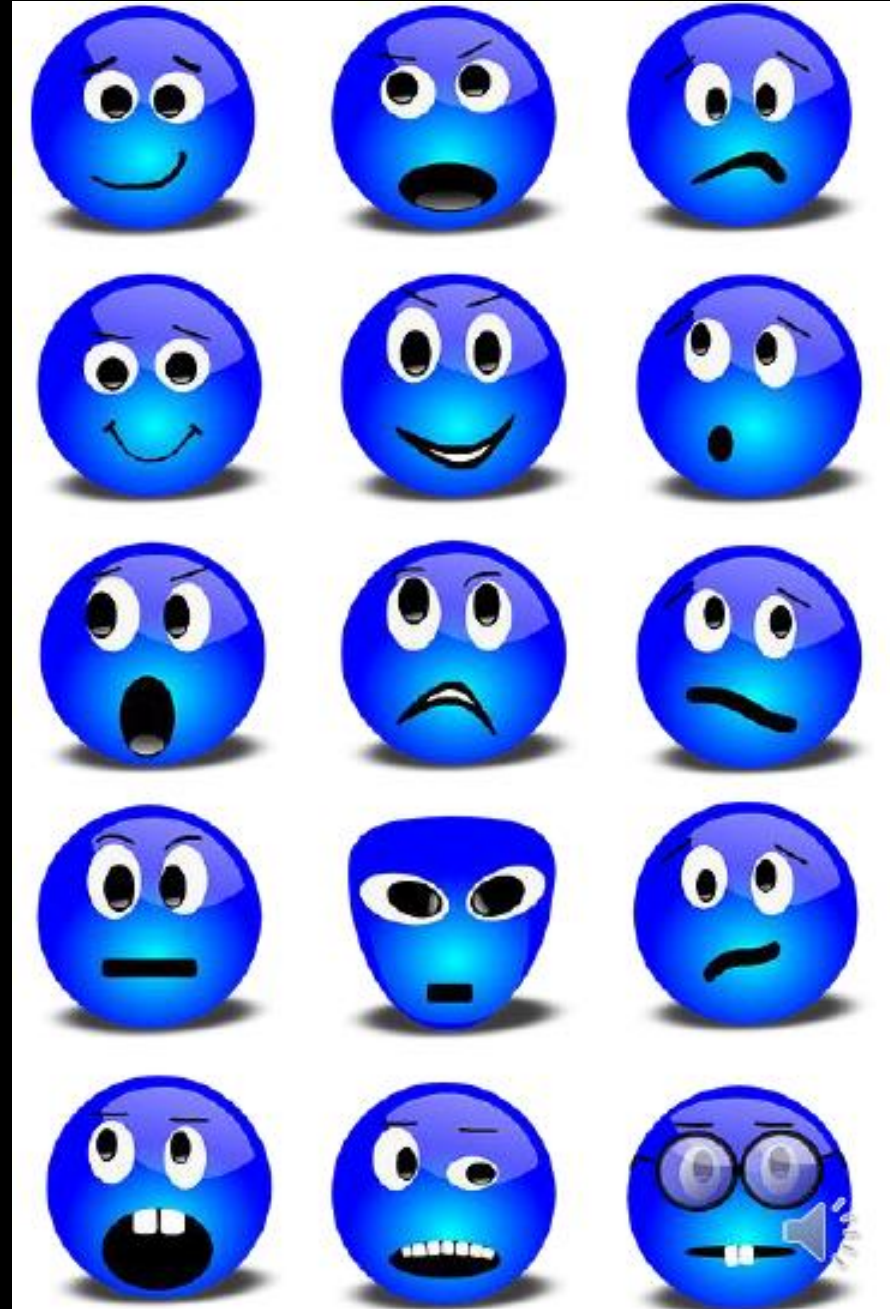
Sometimes we feel a mixture of emotions. Have you ever felt happy and sad at the same time? Or angry and worried at the same time?



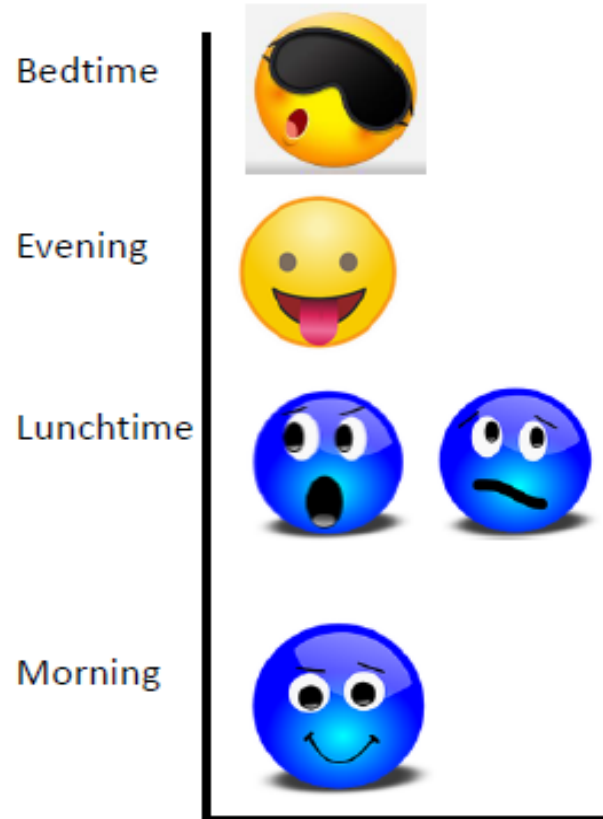
Feelings

Sometimes our feelings can change quickly. We can feel happy and then a few minutes later, we can feel anxious - that's ok!

Sometimes we can't explain our feelings. We might feel angry but not be able to explain why - that's ok too!



Why not make a feelings chart? This helps us to think about how our feelings change throughout the day.



When you've made your chart talk about it with your grown up.

What feelings did you go through in the day?

What made you feel like that?

Always remember that your feelings are important and that it's always helpful to talk about them!

TODAY'S TASK!

Use these prompts, and choose some of the discussion starters from the next two slides to form a discussion between yourselves.

Take turns to form your viewpoints, and ensure you listen carefully to what your partner is saying.

I think...


because...

You think...

because...

We think...

because...

<p>Would you rather be a giant or a wizard?</p>	<p>If you were bigger than your parents, who would be in charge?</p>	<p>Why are friends special?</p>	<p>Why should we care about what the world is like in 150 years, if we won't be alive to see it?</p>
<p>HOW CAN WE MAKE A DIFFERENCE TO WHERE WE LIVE?</p>	<p><u>KS2 Linking by Thinking Questions</u></p> 		<p>What's the difference between grown-ups and children?</p>
<p><i>If you got paid to play, would that mean it was work?</i></p>	<p>What would happen if humans could start living in space?</p>	<p>WHAT MAKES A GOOD GAME?</p>	<p>How can we reduce loneliness?</p>

<p>What makes a good friend?</p>	<p>What invention do you think would change the world?</p>	<p><i>Should we recycle?</i></p>	<p>Would you choose no sweets or no television?</p>
<p>WHAT MAKES A COMMUNITY, A COMMUNITY?</p>	<p><i>Would you rather be a bird or a plane?</i></p>	<p>How can you be kind to someone when you aren't together in the same room?</p>	<p><i>Can changing just one thing make a difference?</i></p>
<p><i>What makes a good teacher?</i></p>	<p>Should all animals be treated the same?</p>	<p>WOULD YOU CHOOSE TO BE RICH OR TO BE FAMOUS?</p>	<p>Who is responsible for reducing our plastic waste?</p>

We would love to hear your responses to these questions!
Maybe you could send your teacher's a short video clip?

Don't forget to send your work to your teachers

- Palmers Cross: palmerscrossprimaryschool@wolverhampton.gov.uk
- Elston Hall: elstonhallprimaryschool@wolverhampton.gov.uk
- Edward the Elder: edwardtheelderprimaryschool@wolverhampton.gov.uk
- Goldthorn Park: office@goldthornpark.co.uk

