

Healthy Start

NHS

Free fruit, veg, milk, pulses and vitamins



From April 2021, if you're pregnant or have a child under 4, you could get **£4.25** per week to help buy healthy foods.

www.healthystart.nhs.uk

For any queries, email healthystart@wolverhampton.gov.uk

Redeemable in selected supermarkets, corner shops, greengrocers, market stalls and pharmacies. For more information, visit <https://www.healthystart.nhs.uk/using-your-vouchers/>

CITY OF
WOLVERHAMPTON
COUNCIL



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To apply, fill out an application form at

<https://www.healthystart.nhs.uk/how-to-apply/>

You can also call the Healthy Start helpline on 0345 607 6823 and ask them to send one to you by post.

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Each week you'll get: £4.25 during pregnancy, £8.50 for children from birth to 1 year old, £4.25 for children between 1 and 4 years old.

Your money will stop after your child's 4th birthday, or if you no longer receive benefits.

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